



PRESCOT TOWN HALL - COMMUNITY ACTIVITIES

Day	Activity	Time	Contact Details
Monday	Mindfulness (6-week course)	10.00am – 12.00pm	FACE Forward - 0151 443 5386 www.knowsleyface.co.uk
Monday	Aromatherapy (6-week course)	12.30pm – 2.30pm	FACE Forward - 0151 443 5386 www.knowsleyface.co.uk
Monday	Aerobics Class	7.30pm – 8.30pm	Sharon Swindels acerswn@aol.com
Tuesday	Local History of Prescot (6-week course)	10.00am – 11.30am	FACE Forward - 0151 443 5386 www.knowsleyface.co.uk
Tuesday	Find out your Family Tree (6-week course)	12.00pm – 2.00pm	FACE Forward - 0151 443 5386 www.knowsleyface.co.uk
Tuesday	Floristry (6-week course)	2.30pm – 4.30pm	FACE Forward - 0151 443 5386 www.knowsleyface.co.uk
Tuesday	Kumon – Maths and English Classes	3.30pm – 6.00pm	Jenn Appleton prescot@kumoncentre.co.uk
Tuesday	Prescot School of Kung Fu - Martial Arts	<u>Kids Class</u> 6.30pm – 7.30pm <u>Adults Class</u> 7.30pm – 8.30pm	Stephen Sloane 07719 825379
Wednesday	Floristry (6-week course)	10.00am – 12.00pm	FACE Forward - 0151 443 5386 www.knowsleyface.co.uk
Wednesday (1 st & 3 rd Wednesday)	Prescot North Ward Councillor Surgery	10.00am - 11.00am	0151 426 3933
Wednesday (2 nd & 4 th Wednesday)	Prescot South Ward Councillor Surgery	10.00am - 11.00am	0151 426 3933
Wednesday	Parent & Child Group	12.30pm – 1.30pm	Megan Bridson 07723 028484
Wednesday	Mentoring Level 2 (12-week course)	1.00pm – 4.00pm	FACE Forward - 0151 443 5386 www.knowsleyface.co.uk
Wednesday (term time only)	Helen O’Grady Drama Academy	Drama - 5.00pm – 6.00pm (Ages 5-11) Exam Class - 6.00pm - 6.30pm Youth Theatre 6.30pm – 7.30pm (Ages 12+)	Tracy Shirley 0151 482 0443 / 07908 811159 liverpool@helenogrady.co.uk
Wednesday (3 rd Wednesday)	Green Party Councillor Surgery	6:00pm – 7:00pm	0151 426 3933
Wednesday	Aerobics Class	7.45pm – 8.45pm	Sharon Swindels acerswn@aol.com
Thursday	Stop Smoking Support – Drop-in sessions	3.00pm – 4.30pm	0151 426 7462 or 0800 3247111 www.readytostopsmoking.co.uk
Thursday	Kumon – Maths and English Classes	3.30pm – 6.00pm	Jenn Appleton prescot@kumoncentre.co.uk
Thursday	Prescot School of Kung Fu - Martial Arts	<u>Kids Class</u> 6.30pm – 7.30pm <u>Adults Class</u> 7.30pm – 9.30pm	Stephen Sloane 07719825379
Thursday	Grand National Chorus – Male harmony & quartet	7.30pm - 9.30pm	New members welcome 07716 127814 www.liverpoolinharmonyclub.co.uk
Friday (every 2 wks)	Deafness Resource Centre - Drop in advice	12.00pm - 2.00pm	Naomi Webb - 01744 23887 naomi.webb@deafnessresourcecentre.org
Friday (every 2 wks)	Prescot Over 55’s Deaf Club	12.30pm – 4.00pm	Colin Wilkinson colin_wilkinson@sky.com
Saturday	Slimming World	8.00am and 10.00am	Lynn Titherington 07739 167051 slimmingworldlyn@aol.com

If you would like further information about any of the activities taking place in Prescot Town Hall please use the contact details as above or contact the Town Hall direct on 0151 426 3933 or e-mail enquiries@prescot-tc.gov.uk