



PRESCOT TOWN HALL - COMMUNITY ACTIVITIES

Day	Activity	Time	Contact Details		
Monday	St Helens Law – Free Legal Clinics	10.00am – 12.00pm	St Helens Law 01744 454433 info@sthelenslaw.co.uk		
Monday	Starlight Morris Dancers	5.00pm – 7.00pm	Julie Hannon starlightmorrisdancers@gmail.com		
Monday	Aerobics Class	7.30pm – 8.30pm	Sharon Swindels acerswn@aol.com		
Tuesday	Kumon – Maths and English Classes	3.30pm – 6.00pm	Jenn Appleton prescot@kumoncentre.co.uk		
Tuesday	Prescot School of Kung Fu - Martial Arts	<table border="1" style="display: inline-table; vertical-align: top;"> <tr> <td><u>Kids Class</u> 6.30pm – 7.30pm</td> <td><u>Adults Class</u> 7.30pm – 8.30pm</td> </tr> </table>	<u>Kids Class</u> 6.30pm – 7.30pm	<u>Adults Class</u> 7.30pm – 8.30pm	Stephen Hale 07511 875969
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Wednesday	St Helens Law – Free Legal Clinics	2.30pm – 4.30pm	St Helens Law 01744 454433 info@sthelenslaw.co.uk		
Wednesday (term time only)	Helen O'Grady Drama Academy	Drama - 4.30pm – 5.30pm (Ages 5-11) Musical Theatre - 5.30pm – 6.15pm (Ages 5-15) Youth Theatre - 6.15pm - 7.15pm (Ages 12-16)	Tracy Shirley 0151 482 0443 / 07908 811159 liverpool@helenogrady.co.uk		
Wednesday	Weight Watchers	6:00pm – 7:00pm	Lauren Draper LDraper@weight-watchers.co.uk		
Wednesday	Aerobics Class	7.45pm – 8.45pm	Sharon Swindels acerswn@aol.com		
Thursday	Stop Smoking Support – Drop in sessions	3.00pm – 4.30pm	0151 426 7462 or 0800 3247111 www.readytostopsmoking.co.uk		
Thursday	Kumon – Maths and English Classes	3.30pm – 6.00pm	Jenn Appleton prescot@kumoncentre.co.uk		
Thursday	Prescot School of Kung Fu - Martial Arts	<table border="1" style="display: inline-table; vertical-align: top;"> <tr> <td><u>Kids Class</u> 6.30pm – 7.30pm</td> <td><u>Adults Class</u> 7.30pm – 8.30pm</td> </tr> </table>	<u>Kids Class</u> 6.30pm – 7.30pm	<u>Adults Class</u> 7.30pm – 8.30pm	Stephen Hale 07511 875969
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Thursday	Grand National Chorus – Male harmony and quartet	7.30pm - 9.30pm	New members welcome 07716 127814 www.liverpoolinharmonyclub.co.uk		
Friday	St Helens Law – Free Legal Clinics	10.00am – 12.00pm	St Helens Law 01744 454433 info@sthelenslaw.co.uk		
Friday (every 2 weeks)	Prescot Over 55's Deaf Club	12.30pm – 4.00pm	Colin Wilkinson colin_wilkinson@sky.com		
Saturday	Slimming World	8.00am and 10.00am	Lynn Titherington 07739 167051 slimmingworldlyn@aol.com		
Saturday	Multi-Fit Pilates	10.30am - 11.30am	Laura Clark 07841 205479 multi-fitpilates@outlook.com		

If you would like further information about any of the activities taking place in Prescot Town Hall please use the contact details as above or contact the Town Hall direct on 0151 426 3933 or e-mail enquiries@prescot-tc.gov.uk