



PRESCOT TOWN HALL - COMMUNITY ACTIVITIES

Day	Activity	Time	Contact Details
Monday	St Helens Law – Free Legal Clinics	10.00am – 12.00pm	St Helens Law 01744 454433 info@sthelenslaw.co.uk
Monday	Starlight Morris Dancers	5.00pm – 7.00pm	Julie Hannon starlightmorrisdancers@gmail.com
Monday	Aerobics Class	7.30pm – 8.30pm	Sharon Swindels acerswn@aol.com
Tuesday	Prescot & Whiston Knit and Natter Group	9.30am - 11.30am	0151 426 3933 enquiries@prescot-tc.gov.uk
Tuesday	Chair Exercise Class for Older People	1.30pm – 2.30pm	Dorothy Rimmer dorothyrimmer@hotmail.com
Tuesday	Kumon – Maths and English Classes	3.30pm – 6.00pm	Claire Dawson prescot@kumoncentre.co.uk
Tuesday	Prescot School of Kung Fu - Martial Arts	<u>Kids Class</u> 6.30pm – 7.30pm <u>Adults Class</u> 7.30pm – 8.30pm	Stephen Hale 07511 875969
Wednesday	Prescot Older People's Club – Lunch & Social	11.30am – 1.30pm	Cllr Lynn O'Keefe 07547 405192 Booking essential
Wednesday	St Helens Law – Free Legal Clinics	2.30pm – 4.30pm	St Helens Law 01744 454433 info@sthelenslaw.co.uk
Wednesday (term time only)	Helen O'Grady Drama Academy	Drama - 4.30pm – 5.30pm (Ages 5-11) Musical Theatre - 5.30pm – 6.15pm (Ages 5-15) Youth Theatre - 6.15pm - 7.15pm (Ages 12-16)	Tracy Shirley 0151 482 0443 / 07908 811159 liverpool@helenogrady.co.uk
Wednesday	Weight Watchers	6.30pm - 7.30pm	Lauren Draper LDraper@weight-watchers.co.uk
Wednesday	Aerobics Class	7.45pm – 8.45pm	Sharon Swindels acerswn@aol.com
Thursday	Multi-Fit Pilates	10.00am - 11.00am (new class starting 1 st November 2018)	Laura Clark 07841 205479 multi-fitpilates@outlook.com
Thursday	Stop Smoking Support – Drop in sessions	3.00pm – 4.30pm	0151 426 7462 or 0800 3247111 www.readytostopsmoking.co.uk
Thursday	Kumon – Maths and English Classes	3.30pm – 6.00pm	Claire Dawson prescot@kumoncentre.co.uk
Thursday	Prescot School of Kung Fu - Martial Arts	<u>Kids Class</u> 6.30pm – 7.30pm <u>Adults Class</u> 7.30pm – 8.30pm	Stephen Hale 07511 875969
Thursday	Grand National Chorus – Male harmony and quartet	7.30pm - 9.30pm	New members welcome 07716 127814 www.liverpoolinharmonyclub.co.uk
Friday	St Helens Law – Free Legal Clinics	10.00am – 12.00pm	St Helens Law 01744 454433 info@sthelenslaw.co.uk
Friday (every 2 weeks)	Prescot Over 55's Deaf Club	12.30pm – 4.00pm	Colin Wilkinson colin_wilkinson@sky.com
Saturday	Slimming World	8.00am and 10.00am	Lynn Titherington 07739 167051 slimmingworldlyn@aol.com

If you would like further information about any of the activities taking place in Prescot Town Hall please use the contact details as above or contact the Town Hall direct on 0151 426 3933 or e-mail enquiries@prescot-tc.gov.uk