

## PRESCOT TOWN HALL - COMMUNITY ACTIVITIES

Day	Activity	Time		Contact Details
Monday	St Helens Law – Free Legal Clinics	10.00am – 12.00pm		St Helens Law 01744 454433 <u>info@sthelenslaw.co.uk</u>
Monday	Starlight Morris Dancers	5.00pm – 7.00pm		Julie Hannon starlightmorrisdancers@gmail.com
Monday	Aerobics Class	7.30pm – 8.30pm		Sharon Swindels acerswn@aol.com
Tuesday	Chair Exercise Class for Older People	1.30pm – 2.30pm		Dorothy Rimmer dorothyrimmer@hotmail.com
Tuesday	Kumon – Maths and English Classes	3.30pm – 6.00pm		Clare Dawson prescot@kumoncentre.co.uk
Tuesday	Prescot School of Kung Fu - Martial Arts Classes	<u>Kids Class</u> 6.30pm – 7.30pm	<u>Adults Class</u> 7.30pm – 8.30pm	Stephen Hale 07511 875969
Wednesday	Prescot Older People's Club – Lunch and Social	11.30am – 1.30pm		0151 426 3933 <u>enquiries@prescot-tc.gov.uk</u> Booking essential
Wednesday	St Helens Law – Free Legal Clinics	2.30pm – 4.30pm		St Helens Law 01744 454433 <u>info@sthelenslaw.co.uk</u>
Wednesday (term time only)	Helen O'Grady Drama Classes	Ages 5-11 Drama - 4.30pm – 5.30pm Musical Theatre -5.30pm – 6.15pm Acting Exams - 6.15pm - 7.15pm		Tracy Shirley 0151 482 0443 / 07908 811159 liverpool@helenogrady.co.uk
Wednesday	Weight Watchers	6.00pm - 7.00pm		Lauren Draper LDraper@weight-watchers.co.uk
Wednesday	Aerobics Class	8.00pm – 9.00pm		Sharon Swindels acerswn@aol.com
Thursday	Stop Smoking Support – Drop in sessions	3.00pm – 4.30pm		0800 3247111
Thursday	Kumon – Maths and English Classes	3.30pm – 6.00pm		Clare Dawson prescot@kumoncentre.co.uk
Thursday	Prescot School of Kung Fu - Martial Arts Classes	<u>Kids Class</u> 6.30pm – 7.30pm	Adults Class 7.30pm – 8.30pm	Stephen Hale 07511 875969
Thursday	Grand National Chorus – Male harmony and quartet	8.00pm – 10.00pm		New members welcome 07716 127814 www.liverpoolinharmonyclub.co.uk
Friday	St Helens Law – Free Legal Clinics	10.00am – 12.00pm		St Helens Law 01744 454433 <u>info@sthelenslaw.co.uk</u>
Friday (every 2 weeks)	Prescot Over 55's Deaf Club	12.30pm – 4.00pm		Colin Wilkinson <u>colin_wilkinson@sky.com</u>
Saturday	Slimming World	8.00am and 10.00am		Lynn Titherington 07739 167051 <u>slimmingworldlyn@aol.com</u>

If you would like further information about any of the activities taking place in Prescot Town Hall please use the contact details as above or contact the Town Hall direct on 0151 426 3933 or e-mail <u>enquiries@prescot-tc.gov.uk</u>