## Prescot School Of Kung Fu Classes for Adults & kids

Call: 07511 875 969



Welcome to Prescot School of Kung Fu!

Prescot School Of Kung Fu was set up in 2008.

Teaching students of wide mixed of Chinese and international martial arts such as Wushu, Wing Chun Krav Maga and Muay Thai

PSKF also train self-defence and defence against armed attackers.

It's a great way to lose weight improve confidence and also helps with balance and co-ordination.

All Prescot School of Kung of Kung Fu Instructors are:

- √ CMAA Verified
- √ First Aid Trained
- √ DBS Checked

Prices

Kids

£4.00 per lesson £10.00 for a week pass

Adults

£5.00 per lesson

Pay as you go

Contact Number

Ste Hale,

(Instructor)

07511875969

Paul Murphy

(Instructor)

07552220620





PSKF T - Shirt £20.00

PSKF - Pants £20.00

PSKF Hoodie £20.00

All Grading's are only £10.00

Including certificate & Belt

1 Week FREE Trial

#### Kids Classes

Monday (Prescot Methodist Church, Atherton Street)

6:00pm - 7:00pm

Tuesdays & Thursday (Prescot Town Hall)

6:30pm-7:30pm

#### Adults Classes

Tuesdays & Thursdays
(Prescot Town Hall)

7:30pm-8:30pm

Prescot School Of Kung Fu

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**Prescot Kung Fu Members** 



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### **Martial Arts Classes from the ages 4+**

Our little ninjas are taught the basic fundamental movements of Martial Arts in a safe, friendly environment, whilst working to improve balance, co-ordination speed and focus.

- Classes are taught by experienced instructors.
- All Instructors DBS checked + CRB trained.
- Classes conducted on Olympic grade safety mats
- Experienced working with ADHD/ADD



Prescot Town Hall

1 Warrington Road

**L34 5QX** 

(Formally the fusilier pub)

**Call Ste on:** 07511875969

Facebook: Prescot School Of Kung Fu

Tuesday	Thursday
6:30pm – 7:30pm	6:30pm-7:30pm









