



PRESCOT TOWN HALL - COMMUNITY ACTIVITIES

Day	Activity	Time	Contact Details
Monday	Moky Fit Exercise Class	6.45pm – 7.30pm	Andrea Field 07491577583 andrea1993.mokyfit@gmail.com
Monday	Aerobics Class	7.30pm – 8.30pm	Sharon Swindels acerswn@aol.com
Tuesday	Chair Exercise Class for Older People	1.30pm – 2.30pm	Dorothy Rimmer dorothyrimmer@hotmail.com
Tuesday	Kumon – Maths and English Classes	3.30pm – 6.00pm	Clare Dawson prescot@kumoncentre.co.uk
Tuesday	Prescot School of Kung Fu - Martial Arts Classes	<u>Kids Class</u> 6.30pm – 7.30pm <u>Adults Class</u> 7.30pm – 8.30pm	Stephen Hale 07511 875969
Wednesday	Pensioners Luncheon Club	11.30am – 1.30pm	Prescot Town Councillors 0151 426 3933 enquiries@prescot-tc.gov.uk
Wednesday (last one each month)	Breathe Easy	1.30pm – 3.30pm	Anita Brownlow 0151 449 1705
Wednesday	Aerobics Class	8.00pm – 9.00pm	Sharon Swindels acerswn@aol.com
Thursday	Kumon – Maths and English Classes	3.30pm – 6.00pm	Clare Dawson prescot@kumoncentre.co.uk
Thursday	Prescot School of Kung Fu - Martial Arts Classes	<u>Kids Class</u> 6.30pm – 7.30pm <u>Adults Class</u> 7.30pm – 8.30pm	Stephen Hale 07511 875969
Friday (Every two weeks)	Prescot Over 55's Deaf Club	12.30pm – 4.00pm	Colin Wilkinson colin_wilkinson@sky.com
Saturday	Slimming World	8.00am and 9.30am	Lynn Titherington 07739 167051 slimmingworldlyn@aol.com
Saturday (term time only)	Helen O'Grady Drama Classes	<u>Ages 4-11</u> 11.00am – 12.00pm <u>Musical Theatre</u> 12.00pm – 1.00pm	Tracy Shirley 0151 482 0443 07908 811159 liverpool@helenogrady.co.uk

If you would like further information about any of the activities taking place in Prescott Town Hall please use the contact details as above or contact the Town Hall direct on 0151 426 3933 or e-mail enquiries@prescot-tc.gov.uk